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Division 12 – Furnishings

Chapter 5 – Technical Construction and  
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### 125100 Office Furniture

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## **SECTION 12 5100 - OFFICE FURNITURE**

### **PART 1 - GENERAL**

#### **1.1 ERGONOMICS FOR CHAIRS FOR WORKSTATIONS AND OFFICES**

All new chairs for workstations or offices should be fully adjustable so that they can be customized to fit to the user's body while providing the proper support when working. The chair should have the capability to adjust in ways that support the upper and lower body and significantly reduce body stressors associated with back, neck, shoulders, and lower body.

While there are many varieties of office chairs that can accomplish this, the minimum required features include the following adjustability:

- A. Chair height
- B. Seat slider
- C. Backrest tilt, tension control and lock
- D. Backrest height
- E. Armrest, if included, shall have the ability to lower

#### **1.2 ERGONOMICS FOR DESKS FOR WORKSTATIONS AND OFFICES**

all new desks shall be installed with the ability to allow employees to vary between sitting and standing throughout the day using a sit to stand desk frame with motorized controller.

END OF SECTION